



#GADtoKnow: BLR ORGANIZES MAKE A CHOICE WORKSHOP

In participation to the 2022 Women's Month Celebration with the theme "We Make Change Work for Women", the Bureau of Labor Relations (BLR) organized Make a Choice Workshop on March 25, 2022, held via Zoom. The activity aimed to educate the participants in making sound decisions and choices in their lives. The learning session was attended by the employees of the BLR, DOLE-Planning Service, and Employees Compensation Commission (ECC), together with its Regional Extension Units (REUs).

In her welcoming message, BLR Director Maria Consuelo S. Bacay emphasized how the Women's Month Celebration serves as a venue to address gender-related issues.

"The month of March is a great opportunity to give awareness that all of us, not only women, have the power to prepare our future and our future leaders on essential gender issues that need immediate attention and solution. Every day we need to see in ourselves that we can be part of that change in our society", Director Bacay added.

The actual learning session was facilitated by Ms. Christine Del Rosario Bata and Ms. Vina Vicente Vidad, the Chief Executive Officer and Chief Learning Officer of the B&V People Co., respectively. They are empowered women who shared their valuable insights and experiences on how to make responsible choices. They shared how current events in each individual's personal life attach to his/her previous experiences, how they build up emotions and trigger his/her response to the specific events. At the end of the day, a person's decisions and responses make him/her either a Villain, Victim, or Victor. The resource speakers shared strategies to set and achieve goals to change wrong habits and become a Victor.



The participants actively participated by sharing their reactions, insights, and personal experiences during the discussion. In her closing remarks, Atty. Abigail R. Dela Rosa, BLR Mediator Arbiter, expressed her gratitude to the resource persons for a very engaging learning experience. She also added her insights and realizations.

"During the [COVID-19] pandemic, all of us, we were at some point in our lives that we were a Victim, a Villain. The challenge now is to transition to be a Victor", Atty. Dela Rosa remarked as she shared her realizations on the learning session.

The Make a Choice Workshop was part of the #GADtoKnow activities of the BLR that aim to educate, inspire and empower its audience in the valuable contribution of women to the society and other gender-related concerns.

END/Katrina S. del Rosario